



The Life Tree

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Celtic Sea Salt

Celtic Sea Salt contains a wide variety of minerals and trace elements and is a vitally important part of our diet. When common table salt is processed and fractionated, this loss of nutrients affects the way the body can make use of the remaining minerals, sodium and chloride. Many doctors are realizing the importance of water consumption and whole salt intake to the proper functioning and disease-free health of our bodies.

Celtic Sea Salts are naturally harvested by a cooperative of farmers in Brittany, France. The method used for gathering these nutritional salts follows a 2,000 year-old Celtic tradition and is supported by modern quality control standards. The French Government prides itself in this unique resource and has preserved thousands of acres of pristine wild marsh, as a "National Treasure" and "Protected Site" so that these areas will continue to produce Celtic Sea Salts for centuries more. In 1991, the French Ministry of Forests and Agriculture gave its most honorable "Superior Quality Food" mention to Celtic Sea Salt.

In Health Alert by Dr. Bruce West, February 1996 Dr. West says:

"Today, health claims are getting wilder and wilder. None of these claims changes the most fundamental truth about good health--namely, that lifestyle changes with the right kinds of nutritional supplements, attention to your environment, exercise, examination of your body's structure (i.e. spine, neck, pelvis), pure water, the right kind of salt (we use only Celtic Sea Salt), and a positive mental attitude are the things that make up good health."

A Quote From Dr. Shamim Daya, January 1999:

"The Celtic Sea Salt is a wonderful, vital and essential food for the body. Today, when so many people are suffering from adrenal exhaustion, low blood pressure and mineral deficiencies, the Celtic Sea Salt is an ideal and invaluable remedy. What makes the Celtic Sea Salt so magical is that it is one of the few foods left in nature that is not man made or man interfered with. So it has a composition of minerals that is naturally balanced and also has an "energy" that is very harmonious to the body. Many chronic fatigue and adrenally exhausted patients greatly benefit from including the Celtic Sea Salt in their treatment regime."

Suggested Usage:

- ✓ Use in place of regular table salt in both cooking and as a seasoning.

Please Note: All information should be considered educational only. This information is not to be used to replace the services or instructions of a physician or qualified health care practitioner. Always consult your doctor or nutritionist before making any dietary changes.